THERVARY THERVARY

Sunday, January 26 th Smothered Pork Chops (GF) Herbed Rice Pilaf (GF) Green Beans (GF) Tomato Soup Fresh Fruit (GF) Assorted Pie	Monday, January 27 th Chicken Alfredo Over Fettuccini Noodles Steamed Broccoli (GF) Garlic Cheese bread Vegetable Soup (GF) House Salad (GF) Lemon Bar	Tuesday, January 28 th Beef Stir Fry (GF) Stir Fry Vegetables (GF) Fried Rice (GF) Chicken Noodle Soup Fresh Fruit (GF) German Chocolate Cake	Wednesday, January 29 th Spaghetti & Meatballs Buttered Corn (GF) Caesar Salad (GF) Lentil Soup (GF) Strawberry Cake	Thursday, January 30 th BBQ Ribs (GF) Coleslaw (GF) Baked Beans (GF) Cornbread House Salad (GF) Chef's Choice Soup Raspberry Fudge Torte Ice Cream	DINNER MENU Sign up for dinner in
Sunday, February 2 nd Classic Pot Roast w/ Gravy (GF) Mashed Potatoes (GF) Green Peas (GF) Chicken & Rice Soup (GF) Caesar Salad (GF) Oreo Chocolate Mousse w/ Whipped Cream	Monday, February 3 rd Parmesan Chicken Breast Garlic Roasted Potatoes (GF) Roasted Zucchini (GF) Potato Leek Soup (GF) House Salad (GF) Strawberry Rhubarb Pie	Tuesday, February 4 th Meatloaf with Gravy (GF) Baked Potato (GF) Herbed Broccoli (GF) Loaded Potato Chowder (GF) Fresh Fruit (GF) Cookies & Cream Ice Cream	Wednesday, February 5 th Turkey Breast with Gravy (GF) Mashed Potatoes (GF) Stuffing Cranberry Sauce (GF) Glazed Baby Carrots (GF) Broccoli Cheddar Dumpling Soup House Salad (GF) Pumpkin bar	Thursday, February 6 th Beef Stroganoff (GF) Over Egg Noodles Peas & Carrots (GF) Chef's Choice Soup Fresh Fruit (GF) Peanut butter Chocolate Cake	the Card Room: MonThurs. by 11am Sunday by 8am Reservations are Required: Residents must sign up in the book or cancel by the deadlines listed above. 651-628-8571 The kitchen phone is not answered during service. Pick-Up Times: Sunday 11:30am-12pm MonThurs. 4:00-4:45pm Dinner Service: Sunday at 12pm MonThurs. at 4:45pm (GF)= Gluten Free Friendly
Sunday, February 9 th Sunday Brunch! Open from 12pm to 1pm Homestyle Pancakes Ham & Cheese Egg Bake (GF) Sausage Links (2) (GF) Fresh Fruit (GF) Chicken Tortellini Soup or Oatmeal (GF) Mini Variety Muffins	Monday, February 10 th Chicken Marsala Mashed Potatoes (GF) Roasted Brussel Sprouts with Bacon (GF) Navy Bean & Ham Soup (GF) House Salad (GF) Mint Chip Ice Cream (GF)	Tuesday, February 11 th Birthday Night! Pecan Tilapia Paired with White Wine Brown Rice Pilaf (GF) Italian Vegetable Blend (GF) Broccoli & Cheese Soup (GF) Fresh Fruit (GF) Birthday Cake	Wednesday, February 12 th Lasagna Garlic Cheese Bread Steamed Corn (GF) Corn Chowder Soup (GF) Caesar Salad (GF) Blueberry Cobbler	Thursday, February 13 th Ribeye Steak (GF) Baked Potato (GF) Asparagus (GF) Dinner roll Split Pea with Ham (GF) Fresh Fruit (GF) Red Velvet Cupcake Valantines Dinner	
Sunday, February 16 th Ham Steak (GF) Green Bean Casserole Au gratin Potatoes Stuffed Pepper Soup (GF) House Salad (GF) Rum Cherry Ice Cream (GF)	Monday, February 17 th Lemon Pepper Pollock Herb Rice Pilaf (GF) Steamed Broccoli (GF) Cabbage & Sausage Soup (GF) Fresh Fruit (GF) Strawberry Pound Cake	Tuesday, February 18 th Teriyaki Glazed Chicken Breast (GF) Steamed Brown Rice (GF) Egg Roll Stir Fry Vegetables (GF) Potato Leek Soup (GF) House Salad (GF) Apple Crisp	Wednesday, February 19 th Roast Beef w/ Mushroom Gravy (GF) Mashed Potatoes (GF) Seasoned Broccoli & Cauliflower (GF) Turkey Wild Rice Soup (GF) Caesar Salad (GF) Brownie	Thursday, February 20 th Mexican Lasagna Corn (GF) Chef's Choice Soup Fresh Fruit (GF) Churro	
Sunday, February 23 rd BBQ Chicken (GF) Brown Rice Pilaf (GF) Collard Greens (GF) House Salad (GF) Taco Soup (GF) Assorted Pie	Monday, February 24 th Pork Loin w/Pears and Shallots (GF) Mashed Potatoes (GF) Steamed Green Beans (GF) Fresh Fruit (GF) Beef & Rice Soup (GF) Cherry Strudel	Tuesday, February 25 th Swedish Meatballs Over Egg Noodles Glazed Carrots (GF) Vegetable Barley Soup Caesar Salad (GF) Pineapple upside-down Cake		Alternates Available: Chef Salad Chef's Choice Fish Baked Chicken Breast	